

# ST. MONICA'S PARISH

## 2016-17 FAITH-SHARING PROGRAM

At St. Monica's, small groups of people gather at different times and locations, weekly or every second week, for prayer, reflection and sharing on important themes of contemporary spirituality. [The groups meet for 14 sessions during the year.](#)



Our 2016-17 reflections are taken from the books

***"Traits of a Healthy Spirituality"* and *"In Steadfast Love"* by Melannie Svoboda, SND.**

In an engaging style, Sr. Melannie defines and describes specific indicators of a healthy spirituality that point to some of the ways God is alive and active in our lives. The reflections from these books are an inspiration for those seeking deeper spiritual meaning in their lives and hoping for a closer relationship with God.

### Day, Time

### and Location:

**Weekly:** Thursday – 2:00 -3:30 p.m., at St. Monica's Parish

Friday – 9:30 -10:30 a.m., at Manoir Westmount

### *Every second week:*

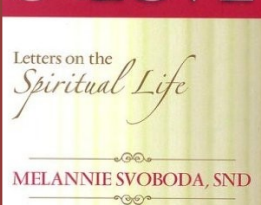
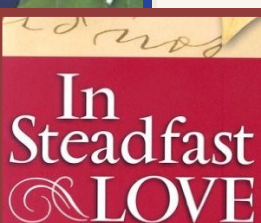
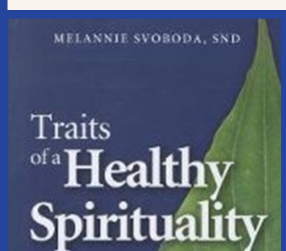
**Monday** – 10:00 -11:30 a.m., at St. Ignatius of Loyola Parish

**Tuesday** – 10:00 -11:30 a.m., at St. Monica's Parish

**Sunday** – 7:00 - 8:30 p.m., at St. Monica's Parish

### Cost for the year:

**\$20 if you already own "Traits of a Healthy Spirituality", and  
\$30 if you are purchasing both books.**



## Join one of our small groups now!

**Registration begins: Sept. 17-18 after  
each Mass, and continues until Oct. 2**

**For information and/or to register, contact  
Anna at (514) 481-0267 ext.22  
[anna.diodati@stmonica.ca](mailto:anna.diodati@stmonica.ca)**

**Please note that additional days, times and  
locations will be considered upon request**