

Bringing Our Hearts to the Table

Dear beloved Parishioners,

As Thanksgiving weekend approaches, we gather not merely to celebrate abundance, but to respond with hearts of deep gratitude to the One from whom all blessings flow.

Thanksgiving is more than a date on the calendar—it is the posture of a redeemed heart before a faithful God. From beginning to end, the Bible calls us to remember, to give thanks, and to respond with worship and generosity.

At the heart of our Christian faith is a table. And at the center of that table is Christ. When Jesus took the bread and gave thanks on the night He was betrayed, He instituted what we now call the Eucharist—which literally means “thanksgiving.” The Eucharist is not just a symbol; it is an invitation. It calls us to remember Christ’s sacrifice, receive His grace, and reflect His life in our own.

This is why every thanksgiving meal, whether in church or at home, echoes that holy table. And as we gather, we are called to bring more than food. We bring our hearts. What Do We Bring to the Table?

1. Remembrance

We remember the faithfulness of God—how He has carried us, provided for us, and saved us. Like Israel remembering the Exodus, we recall His goodness: “Remember the Lord your God, for it is He who gives you the ability to produce wealth.” (Deut. 8:18)

2. Surrender

Thanksgiving is not just counting blessings—it’s surrendering to the Giver. We don’t come with pride, but with humility. “Not to us, Lord, not to us but to Your name be the glory.” (Psalm 115:1)

3. Reconciliation

We must make peace with one another. A table filled with food means little if hearts remain divided. “As far as it depends on you, live at peace with everyone.” (Romans 12:18)

4. Faith

Even if this year has brought struggle, we give thanks by faith—trusting in God’s character more than our circumstances. “Though the fig tree does not bud... yet I will rejoice in the Lord.” (Habakkuk 3:17–18)

5. Generosity

True thanksgiving always overflows. We are called to remember the poor, the lonely, the hungry. “When you give a banquet, invite the poor, the crippled, the lame, the blind...” (Luke 14:13) This is not optional—it is kingdom living. Let your thanksgiving table become a table of hospitality, justice, and mercy.

As we celebrate this weekend, let’s not only eat, but offer. Let us not just feast but bless. Let our homes reflect the grace of God and our tables resemble the table of the Lord. Let every shared meal, every word of thanks, and every act of kindness point back to Jesus—the Bread of Life, the Giver of every good gift.

With Grateful Hearts

From our church family to yours—

Happy Thanksgiving!

Office will be closed on Monday



FAITH SHARING

St. Monica's Faith-Sharing Group will be meeting for 7 sessions beginning on Thursday, October 30 from 2 to 3:30 PM in the Rectory Hall. Our theme this year will be the challenges and blessings of ageing, and our guide will be Joyce Rupp OSM's book Vessels of Love. We welcome new members to join us in prayer and sharing. If interested, please contact Barbara DeLorenzi at bookclub@stmonica.ca.

MASS INTENTIONS: October 11 - 17, 2025

Saturday, 4:00pm – October 11, 2025 – 28th Sunday in Ordinary Time

Ignazio Mattei

Ernesta Ciampini

Delfina Trabalza

Evelyn & Nicholas Troli

Amalia Ambrosio

Domenica Mattei & Family

Pauline Wong & Family

Dina & Luigi

Family

Family

Sunday, 9:00am – October 12, 2025 – 28th Sunday in Ordinary Time

Deceased Members of the Paoli & Turini Family

Wim Laarhoven

Giacomo Fiori

Living – Intention of Brigitte de Josez

Alessandro Paoli & Pietrina Turini

Lidia & Robert Fisher

Wife, Berardina & Family

Brigitte de Josez

Sunday, 11:00am – October 12, 2025 – 28th Sunday in Ordinary Time

Ettore Lanni

Giulia Marchione

Filippo Navarra

Donald Hill

Family

Angela Dell

Hélène Navarra & Family

Salvati Family

Tuesday, 8:30am – October 14, 2025 – Saint Callistus I

Madeleine Morin

Barbara Bonner

Mariane Hamel

Beverly Bonner

Wednesday, 8:30am – October 15, 2025: MEMORIAL – Saint Teresa of Jesus

Mario Matta

Nicola Santini

Ilario & Stellina Maiolo

Olga Santini Matta & Son

Olga Santini Matta & Son

Family

Thursday, 8:30am - October 16, 2025 – MEMORIAL Saint Marguerite d'Youville

Beatrice Gagnon

Glen Clairmont

Thursday, 7:00pm

All Parishioners Intentions

Friday, 8:30am – October 17, 2025: MEMORIAL – Saint Ignatius of Antioch

Wim Laarhoven

Patricio & Tomosa Vea & Deceased Family Members

Ria

Maura Dacuycuy